

## **UWA Plus Micro-credentials**

## Critical Information Summary

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Title and brief description	SSEHM101 Active Leadership: Developing Leadership Skills. Active Leadership offers students an opportunity to explore leadership through its practical application and theoretical underpinnings. Students learn about leadership working within a team and by applying this knowledge in practical sessions. Each session students participate in a recreational activity, enabling them to develop leadership skills in safe environment and explore how to get the best out of themselves and their team.
Certified learning	(1) work within a team environment to achieve common goals; (2) identify the key attributes and skills needed to be an effective leader; (3) understand and apply several leadership theories and perspectives in a variety of sport and recreation activities; (4) develop the capacity to analyse different contexts and to understand which leadership styles are most effective in particular contexts; and (5) develop the capacity to reflect critically on and improve their own personal leadership understanding, experience, insights and goals
How learner participated	Onsite only
Effort required (indicative)	The active leadership credential course requires at least 150 hours of time to complete. It matches closely the 6 point SSEH1104 Active Leadership unit to ensure equivalence in the award. Students are engaged over 10-12 two hour workshop/tutorial sessions where they engage in the unit content. Each workshop has a key learning outcome and is linked to pre-recorded online lectures. The student is required to complete the equivalent of 11 weeks of online lectures.
Main assessment task	Application of multiple skills to complex problems, Testing recall of facts
Indicative equivalent level	Undergraduate
Industry recognition	St Hilda's and Hale Senior High School have both assisted in preparing this course for Year 11 students. Both Schools are ready to offer Active Leadership option to their students.  Start and end date for first offering to be finalised in consultation with St Hilda's and Hale Senior High School.
Quality assurance	The quality of UWA Plus micro-credentials is assured through The University of Western Australia's standards and academic integrity processes.
Successful learner earns PD Points for conversion to:	6
. Admission to an award course	No
. Credit towards an award course	Yes
. If yes, how much credit?	Credit is one unit