



# Balanced and unbalanced forces

## Components

	NAME	DESCRIPTION	AUDIENCE
	<i>Balanced and unbalanced forces</i> teachers guide	This guide suggests teaching strategies to help students understand and explain effects of balanced and unbalanced forces on the motion of objects.	teachers
	<i>Force builder</i> learning object	Students use an interactive learning object to predict effects of balanced and unbalanced forces on the motion of objects.	students
	<i>Finding a balance</i> worksheet	This student worksheet uses additional examples of balanced and unbalanced forces acting on objects, to allow students to apply their understanding of these concepts.	students

## Purpose

To **Explain** why balanced forces have no effect on motion of objects, whilst unbalanced forces may make them start moving, speed up, slow down or stop.

## Outcomes

Students:

- understand that forces acting on an object may be balanced or unbalanced;
- predict how unbalanced forces change the motion of an object; and
- consider gravity, normal force, applied force, and friction, when predicting the effect of forces on objects.

## Activity summary

ACTIVITY	POSSIBLE STRATEGY
Revise previous <b>Explore</b> activities through questions such as: <ul style="list-style-type: none"> <li>• What do we mean by balanced forces?</li> <li>• What conditions are needed for two forces to balance each other?</li> <li>• What effects do balanced forces have on motion of objects?</li> <li>• What effects do unbalanced forces have on motion of objects?</li> <li>• Gravity causes objects to fall, what would stop them?</li> </ul>	whole class or small group discussion
With students in small groups, allocate a computer to each group for them to work collaboratively through the learning object, <i>Force builder</i> .	small group work on computer
Students complete summaries in their notebooks.	working individually
Students complete worksheet, <i>Finding a balance</i> .	working individually

## Technical requirements

The teachers guide and worksheet require Adobe Reader (version 5 or later), which is a free download from [www.adobe.com](http://www.adobe.com). The worksheet is also provided in Microsoft Word format.

The learning object requires Adobe Flash Player version 8 or later (this is a free download from [www.adobe.com](http://www.adobe.com)). It can be placed on a web or file-server and run either locally or remotely in a web browser.

## Teacher notes

Concepts to be developed, include:

- Forces acting on an object may be balanced or unbalanced.
- Forces are balanced when they're equal in strength but opposite in direction.
- Forces have strength and direction.
- Unbalanced forces change motion of objects.
- Gravity, applied force, normal force, and friction, should be considered in relation to moving objects.

The learning object, *Force builder*, explains the concept of forces, and introduces four main forces: gravity, a universal force that acts on all objects on or near the Earth; normal force; friction; and applied force.

Note that the gravity slider can't be set to its maximum value on the screen dealing with the 'Shock-drop'. This ensures that a reaction force can be set to a magnitude greater than gravity in order to bring the ride to a halt.

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## Associated SPICE resources

*Forces 3: Balanced and unbalanced forces* may be used in conjunction with related SPICE resources to address the broader topic of forces and motion.

DESCRIPTION	LEARNING PURPOSE
<p><i>Forces (overview)</i></p> <p>This learning pathway shows how a number of SPICE resources can be used to teach concepts of balanced forces, unbalanced forces and motion.</p>	
<p><i>Forces 1: Introduction to force</i></p> <p>A video stimulates students' interest in learning about forces and motion, and elicits prior knowledge and misconceptions.</p>	<b>Engage</b>
<p><i>Forces 2: Investigating forces</i></p> <p>Practical activities provide opportunities for students to explore effects of forces on the motion of objects, including those falling in Earth's gravity.</p>	<b>Explore</b>
<p><i>Forces 3: Balanced and unbalanced forces</i></p> <p>An interactive learning object enables students to explain and predict effects of balanced and unbalanced forces on objects.</p>	<b>Explain</b>
<p><i>Forces 4: Forces in the human body</i></p> <p>Students apply their understanding of forces and motion to new contexts, such as: forces in the human body or designing and testing the effectiveness of a safety capsule to protect passengers in motor vehicle collisions.</p>	<b>Elaborate</b>