



## Free Play Timetable 2024

	MONDAY 19/2	TUESDAY 20/2	WEDNESDAY 21/2	THURSDAY 22/2	FRIDAY 23/2	SATURDAY 24/2
6am	Free Swimming	Free Swimming	Free Swimming	Free Swimming	Free Swimming	is and
7:45am		Yoga on the Grass	Yoga on the Grass	Yoga on the Grass		
8:00am	Free Boxing Fitness Class				Free Strength & Core Class	Stand-Up Paddleboard
9am	Free Body Pump Class			Free Jumpstart Class	Free Squash Hire	Experience
10am	Tour UWA Gym			Tour UWA Gym		6 6
11am	Free Badminton Court Hire					Stand-Up Paddleboard Experience
12pm	Free Swimming	Free Swimming	Free Swimming			
1.30pm 2pm	Free Basketball Court Hire	Spikeball	Spikeball	Student Expo: 12-2pm	O-Day Festival (11am-3pm)	
3pm						
3.30pm		Free Interactive Wall	Free Interactive Wall			
5.30pm	Free RPM Class		Free RPM Class			
6pm	Free Ultrafit Class	Free Zumba Class	Free Ultrafit Class	Free Zumba Class	Free Tabata Class	
7pm	Free Swimming	Free Swimming	Free Swimming	Free Swimming	Free Swimming	

## LOCATION

UWA Recreation and Fitness Centre UWA Aquatic Centre Great Court North Great Court South James Oval Group Fitness Room Water Sport Complex