

Mentor Guidebook 2025







Acknowledgement of Country and Mission Statement



The School acknowledges that it is located on Noongar land and that Noongar people remain the cultural and spiritual custodians of this land. The School honours the rightful place of Aboriginal people as Australia's first peoples and will graduate students who contribute meaningfully to closing the gap in Australian health outcomes.

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Contents

Contact Details	5
Welcome	5
Summary and Quick Guide	6
Administrative Details Overview	6
Assessment Standards	7
Record Keeping and the Interview Process	7
Helpful Hints	
Mentorship	8
Mentor Professional Development - Mentor Information Evening	
UWA MD Professional Development and Mentoring (PDM) Theme	
The UWA Medical School MD Mentoring Programs	
PDM Clinical Mentor Criteria	
Summary of Roles and Responsibilities for Clinician Mentor and Student Mentee	
Appendices:	
Appendix 1 - Frequently Asked Questions	
What is the Clinical Mentor's Role?	
What is the Student's Role?	
What if the Mentoring Relationship is not working?	
What are the Boundaries for Mentoring?	
What training and support is available for Mentors?	
What about privacy and confidentiality?	
What if I can't get hold of my mentee?	
What do I need to know about the UWA Medical School Professional Behaviour Policy?	
Appendix 2 - Administrative Details	
Year 1	
First Meeting	
Step 1 — Getting acquainted	
Step 2 — Discuss basic mentoring goals with each other	
Step 3 — Clarify expectations and define boundaries	
Subsequent meetings	
Year 2	
Students Transitioning into Year 2 from Bachelor of Science (Medical Sciences) degree	16
Year 3	
PDM Program Prize for Best Year 3 UWA MD Essay on 'Quality and Safety in Healthcare'	18
Rural Clinical School Students (RCS)	18
Electives	18



Year 4	19
Appendix 3 - AMC Standards in Medical Education 2024	21
Appendix 4 - Sample Year 3 ChiMPs	22
Sample One: Ethical Behaviour	22
Sample Two: Diversity	22
Sample Three: Learning and Continuing Education (Self Care/Self Awareness)	23
Sample Four: Self Care and Stress Management	24
Appendix 5 – Year 4 Ethics Essay Marking Rubric	25
Assessment Criteria	25
Appendix 6 – PDM Interview Record Sheets	26
Year 1 PDM Interview Record	27
Year 2 PDM Interview Record	28
Student Transitioning into Year 2 PDM Interview Record	29
Year 3 PDM Interview Record	30
Year 4 PDM Interview Record	31
Appendix 7 – 2024/25 MD Medical Student Elective Report – Mentor Review Form	32
Appendix 8 - Mentor Feedback and Evaluation Form	33
Appendix 9 - Intern Application Link (Online Application)	34
Appendix 10 - Important Dates	35
Appendix 11 - Useful Contacts	36
Professional Development and Mentoring Program Queries	36
Contacts	36
E-Portfolio Queries	36
Student Life	36
Student Support Services	36
Sub Dean Quick Contacts	34



Contact Details

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Consultation Hours	Email for appointment

Administrative Staff

Administrator Location	Ms Deb Chapman Academic Services – Medical School QEII Medical Centre
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Welcome

Thank you for your interest in being a MD Program mentor in the UWA Medical School.

You have a wealth of experience and insight which are invaluable in nurturing the next generation of doctors. In addition, we hope you will find being a mentor personally rewarding. This guidebook outlines the mentoring program, how mentoring fits into the students' professional development and provides tips on how to make the program work.

Professional development and mentoring (PDM) is one of the themes in the medical curriculum and ensures that students address and reflect on issues related to ethical behaviour in professional practice, legal and professional responsibilities, lifelong learning, self-care and career development. This is covered through seminars, a reflective portfolio, essays and the mentoring program.

The UWA mentoring program provided by doctors has been well evaluated by students and they recognise its benefits; especially when they reach the later years. The program involves supporting the learning and development of the student, assessing their capacity to reflect on issues and ensuring that they are developing appropriate professional behaviours and attitudes. This guidebook outlines what it is to be a mentor, how to approach it and how to address problems.



Summary and Quick Guide

Most doctors develop supports to help them deal with the stresses of the job including developing mentoring relationships. Mentoring occurs when one individual with knowledge and experience, assists with the learning and development of another. Upon reflection, most people can recall a time when someone offered them this kind of assistance. Many people can point to a mentoring relationship that has had a significant positive impact on their lives.

Administrative Details Overview

The School Operations Officer for the PDM program is Deborah Chapman. She is in the Medical School and can be contacted by email pdm@uwa.edu.au or phone 6457 3804 for any administrative questions, including copies of forms or new guidebooks.

Mentors need to complete the Interview Records at the back of this guidebook for each of their students in the relevant years. You will be asked your opinion on your mentee's progress so that the student can send the Interview Record to the PDM School Operations Officer. We encourage mentors for Students in Year 4 to be involved in their student's Elective report and provide feedback on their ethics essay.

Cohort	PDM requirements
Year 1	Meet with mentee at least once and discuss topics on Year 1 PDM interview record before Monday 3 rd November 2025. Sign record and return to mentee for submission
Year 2	Meet with mentee at least once and discuss topics on Year 2 PDM interview record before Monday 6 th October 2025. Sign record and return to mentee for submission.
Year 3	Discuss and review 2 x ChiMPs reflections (assess as meets expectations or needs assistance). We recommend meeting your student at least twice in Year 3. Discuss topic on Year 3 PDM interview record before Monday 1st September 2025. Sign record and return to mentee for submission.
Transition between Year 3 and Year 4	Review student's Elective report submission, sign Mentor Review Form and return to student for submission before 30 th April in any given year.
Year 4	Discuss and review 1 x ethics essay with mentee (assess as meets expectations or needs assistance). Discuss topic on Year 4 PDM interview record before Monday 1st September 2025. Sign record and return to mentee for submission.

For more detailed administrative information, please see Appendix 2



Assessment Standards

These are a guide to the standards expected in the student's professional development.

Needs additional support	Concerning or unacceptable professional behaviours or attitudes expressed by the student (see Appendix 2)
Acceptable Progress	Accurately identifies, articulates, and elaborates via examples of incident/issue/patient or case. Demonstrates how awareness and/or reflection influences performance or prompts action.

If you <u>do not</u> wish to assess the student you are mentoring please let us know and we will arrange for this to be completed by the <u>PDM co-ordinator</u>.

Record Keeping and the Interview Process

The Medical School recognises that each clinical mentoring relationship is unique. We try to strike a balance between laissez-faire and bureaucracy. The tasks each year are to provide a structure for discussion and a stimulus for reflection rather than be just tick box exercises. In our experience the students who are most reticent about the mentoring program are those who have the most to gain from mentoring.

The Interview records are used to document any formative assessments, to note the student's progress through the interviews and to give final comments on your mentee's professional development.

In Year 3, for each reflective essay you will need to specify the topic and then use the appropriate assessment (Acceptable or Needs assistance) to circle a mark for the formative assessment.

Helpful Hints

- Remember that you didn't learn everything at once or the first time; your students may be
 the same and may struggle in some areas. Be aware that the students can be unfamiliar
 with some of the academic and medical attitudes and behaviours which seem second
 nature to you.
- Students may be unsure as to the purpose of PDM or mentoring. You may need to convey this information in different ways over a period of time, before they appreciate how it works and is of benefit.
- Give fair, encouraging feedback on your student's performance when you meet or through your email correspondence. Some remarks or statements can be misunderstood and induce a different reaction from what you were expecting. Discuss what they need to improve and how best to achieve it.
- Resist the temptation to mould your student into your clone. They need to develop and explore their own attitudes, behaviour, career potential and interests.
- The vast majority of students have no problems in achieving the <u>AMC Professionalism Goals</u>, however a small number of students struggle with these and benefit from assistance by the Medical School, as such it is greatly appreciated that you contact the <u>PDM co-ordinator</u> if you have ANY concerns in this regard.

Thank you for your support of our next generation of doctors.



beyondblue

Mentorship

Why do medical students benefit from mentoring? Studying to become a doctor is one of the most challenging courses in tertiary education. To paraphrase William Osler, "[Their] heart will be exercised as much as [their] heads". However, nothing worthwhile tends to come easily - as clinician mentors we know that life as a doctor can be demanding, but it is an extremely rewarding career.

There is a fundamental difference between what students are taught and what they learn. There is a wealth of data demonstrating that medical students can be stressed and even traumatised by both the clinical situations they experience and by the health professionals they interact with and are meant to often learn from.

Recently the Beyond Blue organisation published a <u>National Mental Health Survey of Doctors and Medical Students</u> in 2013/4 (updated 2019). They found that:

- 1. Medical students report high rates of general and specific distress.
- 2. Female and Indigenous students are more at risk of mental health problems.
- 3. Medical students perceive that there are stigmatising attitudes if doctors have mental health problems.

Students who are mentored should:

- Transition better to the MD Course
- Receive encouragement and support in studies and work
- Reflect on their learning, learning styles and work life balance
- Discuss their career aspirations and options and develop career networks
- Develop new skills, knowledge and confidence
- Reflect on their personal and professional behaviours and attitudes.

For those who provide mentoring, it may be a way to:

- Enhance skills in coaching and counselling
- Gain satisfaction from helping a student develop professional behaviours and attitudes
- Contribute to their own professional development
- Increase awareness of different areas of medicine and medical education.

Mentor Professional Development - Mentor Information Evening

A mentor information evening, hosted by the PDM Program Co-ordinator, is held annually (usually in September/October). This session is open to both new and experienced mentors and seeks to discuss the role of a Mentor, as well as give you an opportunity to ask any questions or clarify any requirements of the program. Mentors are emailed details of the evening and a Certificate of Attendance can be provided to participants.



UWA MD Professional Development and Mentoring (PDM) Theme

Doctors work in a very privileged position. With this role come responsibilities and challenges. Just as it is essential for a graduate to know how to diagnose or treat an illness, students need to graduate with the professional skills that are required as an intern and beyond.

Professional development and mentoring (PDM) is one of the six themes in the UWA curriculum. PDM aims to provide the students with an opportunity to learn about and reflect on issues related to professional life. The graduate outcomes related to this theme are:

- Professional attitudes and behaviour
- Self-care
- Medical Ethics
- Medical Law and Governance

These outcomes are assessed using a variety of methods throughout the course.

The PDM program is designed to encourage students to develop skills in:

- reflection on practice and experiences
- personal and professional self-evaluation and development
- applying knowledge in context

so that as a medical graduate of UWA, they

- have high quality knowledge and skills
- are up to date with evidence based practice
- are accessible to patients and colleagues
- demonstrate social responsibility to the community and country
- work collaboratively in teams.

The PDM program across the course consists of:

- Mentoring from Years 1 to 4
- Seminars
- ePortfolio tasks
- Elective placement at the end of Year 3 and beginning of Year 4
- Case based ethics essay.

The UWA Medical School MD Mentoring Programs

UWA Medical School has two mentoring programmes for medical student mentoring. Each program has a different emphasis and requirements.

The first program is Clinician-Student Mentoring which you as a clinician mentor will be involved in. UWA is the only Australian medical school to have a longitudinal mentoring program whereby all medical students have a clinical mentor involved in the student's professional development for the duration of the course. The Clinician-Student Mentoring Program comprises of a minimum number of meetings and activities that must be completed for each academic year. In your role as a qualified doctor, you have an important role in providing your student with formative feedback and identifying if they need assistance in the professional development and mentoring aspects of the course. Your student may wish to ask you questions about your career and work-life balance to gain insights into your journey and life as a doctor.

The UWA Medical School in collaboration with UWA Student Life invite MD1 students to join a UniMentor 'group' which runs parallel to the Clinician-Student mentoring, enabling students to



connect with each other and using the Vygo app, ask a student mentor questions. The aim of both mentoring programs is to act as frameworks which provide support and resources for professional skills and relationships to develop for the medical students as they experience the trials and tribulations in their journey to becoming doctors and ensure that they are developing appropriate professional behaviours.

PDM Clinical Mentor Criteria

To provide the best support to your mentee, clinical mentors should be:

- a respected individual in their chosen field;
- able to listen and empathise;
- interested in medical education;
- able to self-reflect;
- committed to lifelong learning in themselves and others;
- skilled in facilitating discussions;
- understand the healthcare system they work in;
- able to work within an ethical framework.

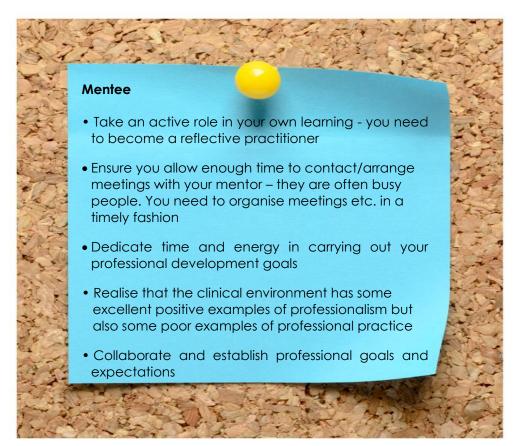
In order to ensure the above, we have found that mentors should:

- be a medically qualified clinician, qualified for a minimum of 3 years (let us know if you are within 3 years of graduating as we run an upskilling session for mentoring. Clinicians who are more than 3 years of graduating can opt in for this session too if they wish to do so)
- have adequate time and be able to meet with the students officially for professional development & mentoring during the course (4 years),
- be able to follow the timetable set out in the PDM Guidebook.



Summary of Roles and Responsibilities for Clinician Mentor and Student Mentee







Appendices:

Appendix 1 – Frequently Asked Questions

What is the Clinical Mentor's Role?

Clinical mentors have a great opportunity to witness the transition of a student as they progress through their medical training to become doctors. The vast majority of students have no problems in achieving the <u>AMC Professionalism Goals</u>. However, a small number of students struggle with these and benefit with assistance from the Medical School. As such, it is important that you contact us if you have ANY concerns in this regard.

Clinical mentoring typically involves:

- Acting as counsellor and coach to help the student assess where they are and where they want to be; discuss relevant medical issues e.g. ethics.
- Acting as a role model for the student.
- Assisting their mentee reflect on and resolve "difficult" aspects of professional practice.
- Ensuring that the student is developing appropriate professional behaviours and attitudes. If mentors have concerns about the student in these areas, they should inform the PDM co-ordinator (one of the reasons for the PDM portfolio is to encourage the medical students to reflect on difficult areas of medical practice so that any concerns in their personal or professional development can be highlighted).

The mentoring program involves "face-to-face" meetings and formative assessment for the students.

A few mentors can feel uncomfortable combining the predominately nurturing role of mentoring with assessment; however it is made clear to the students that their clinical mentors have a duty to ensure that the next generation of doctors develop appropriate professional behaviours and attitudes, see AMA code of ethics.

The clinical mentors' role in assessment is solely formative (giving feedback). In circumstances where unethical or unprofessional conduct or behaviour is suspected, or mentors feel that the student would benefit from more assistance in these areas, mentors should contact the <u>PDM coordinator</u> (or <u>PDM administrator</u>).

What is the Student's Role?

The student can approach their mentor to discuss issues and ideas around their professional development and mentoring. The student may ask for feedback or advice to clarify situations. The mentor's questions or comments may help students see another perspective, consider other options and review their plans or actions. Whatever the matter discussed, it is the student who must take ultimate responsibility for any decisions or take actions required (within professional, University and Hospital guidelines).

It is the student's responsibility to ensure that all the program requirements and paperwork are submitted to the PDM administrator.



What if the Mentoring Relationship is not working?

If mentoring partners are unable to build a satisfactory relationship they may ask <u>PDM</u> <u>administration</u> for assistance.

While changing your mentor/mentee is allowed, the parties should think carefully about this before doing so - it can be a good opportunity to gain knowledge and experience in professionalism. It is always wise to reflect on why you don't wish to continue and addressing this may be an important learning experience!

What are the Boundaries for Mentoring?

At times students may bring up problems that are outside the scope of the mentoring role and which you may not be equipped to deal with. It is important for both parties to recognise the limits of the mentoring relationship.

Personal matters such as marriage/relationship problems, drugs, or alcohol abuse should be referred to:

- The relevant year Sub-Dean (for contact details please see Appendix 11 <u>Useful</u> Contacts.
- <u>Ms Tash Glass</u>, Senior Manager Student Offices

When a mentor is not qualified to offer advice, they should refer the student to other sources.

What training and support is available for Mentors?

The Medical School run training sessions for mentors and potential mentors covering aspects of the PDM program and mentoring. We will email you details of upcoming information evenings (page 6)

The <u>PDM program coordinator</u> (Paul McGurgan) is available to discuss any specific student related concerns or <u>Deborah Chapman</u> can assist with any <u>administrative or general queries</u>.

What about privacy and confidentiality?

Any meetings with your PDM Mentee are confidential and all information remains with you and the mentee unless you mutually arrange otherwise. Mentors are expected to ensure a reasonable standardisation of the interview process, and emphasis is placed on the importance of the principle of confidentiality during training. However, one of the roles of the mentor is to ensure that the mentee is developing appropriate professional behaviours and attitudes. In circumstances where unethical or unprofessional conduct or behaviour is suspected by the mentor, doctors should contact the PDM co-ordinator. For further information, see AMA code of ethics for doctors and AHPRA Good Medical Practice guides.

The PDM mentorship is invaluable in facilitating the development of the student as a reflective practitioner. The **minimum** recommendations for meeting with your students are detailed in the Assessment section.

It is vital that the mentor signs off on the required parts in the PDM student interview records. The interview records are primarily an instrument to record the students' progress and achievements and encourage them to reflect and build upon their professional development and mentoring through the medical course, but they also function as an assessment tool and as evidence for continuous professional development (particularly relevant when the student has concerns or deficiencies identified in these areas).



What if I can't get hold of my mentee?

The student should be the person responsible for ensuring that meetings are arranged. It is emphasised to the students that clinician mentors are busy people and students should **allow at least 4 weeks' notice** for organising meetings, etc.

If you do need to contact your student and experience difficulty with this, please inform <u>PDM</u> administration as soon as possible as they should have up to date contact details for the student.

What do I need to know about the UWA Medical School Professional Behaviour Policy?

The Medical School 'Policy on Professional Behaviour for Students' and associated procedural guidelines have been developed to facilitate a consistent and equitable approach to the recording, monitoring and evaluation of misconduct in the area of professionalism and professional behaviour of all students enrolled in coursework programs of study offered by the Medical School.

It is acknowledged that whilst medical students are not yet doctors, they have certain privileges and responsibilities different from those of other students. As potential future doctors, high standards of professional behaviour are expected of them. Students must be aware that their behaviour outside the clinical environment, including in their personal lives, may have an impact on their fitness to practice and ability to provisionally register as a doctor. Their behaviour always must justify the trust the public places in the medical profession, and never put patients or the public at risk.

In the Medical School's experience, medical students can (usually inadvertently) have difficulties with appropriate professionalism behaviour in both ensuring patient confidentiality and in using social media.

Doctor-patient relationships rely on implicit trust; patient information should only be shared on a "needs to know" basis. Health professionals must always acknowledge the vulnerability of patients and protect their patient's personal information whenever possible.

Medical students are in a privileged position in terms of access to patient information. With this comes professional responsibilities in terms of using this information appropriately and ensuring that patient information is kept confidential.

The UWA Medical School recognises that medical students need to use patient information as an essential part of their education and have been instrumental in providing students with access to WA Health Department patient information resources such as iCM. Although students need to use clinical information for reports etc, this must be in the context of the data being de-identified and sensible precautions being made about data security and disposal. Any medical student not taking due diligence in this area is behaving unprofessionally and may have professional misconduct processes instituted. These professional behaviour expectations apply to a range of activities including photocopying patient's notes, printing patient's results, disposing of patient information and using social media. For further information, see MAMA guide to social media and medical professionalism.



Appendix 2 - Administrative Details

Year 1

Students in year 1 are matched with both a Student UniMentor and a Clinical mentor for both parts of the mentoring programs.

Many students choose their own clinical mentor, while others get help from the Medical School in finding a mentor. Once a clinical mentor is allocated, the student will contact you to introduce themselves and arrange a meeting.

You need to meet <u>at least once</u> with your student/s while they are in year 1. This meeting will enable you to introduce yourselves and give you and your student(s) an opportunity to discuss how the PDM interviews/meetings will work throughout years 1-4. You will also be able to discuss with your student/s any other issues related to their progress into the course and their development as a medical student.

Each mentoring relationship is unique between the Clinician and student, however based on feedback from other clinical mentors there are some suggestions below to help the mentoring process flourish:

First Meeting

Step 1 — Getting acquainted

The most important part of beginning your mentoring relationship is to get to know each other and clarify your mentoring goals. Introduce yourselves and find out four things about each other:

- **Explore your commonalities.** Talk about your social and academic backgrounds, how you became interested in medicine as a career.
- **Look for uniqueness.** What makes you different? For example, do you speak a foreign language, have you spent time overseas, etc.
- Discuss your interests/ pastimes. Describe what you like to do when you are not studying/ working.
- Explore work styles. Identify whether your personalities and/or your work styles are similar or different. For example, are you the type of person who will pay attention to quality and detail or do you prefer the big picture? Are you shy and quiet or do you tend to be outgoing and sociable?

Step 2 — Discuss basic mentoring goals with each other

For the Student (mentee):

- Why do you want to be a doctor?
- What strengths and qualities do you have that should help in the course?
- What do you think you will find most difficult in the course?
- Have you any other career aspirations?

For the Clinician (mentor):

- Why did you want to be a doctor when you started the course? Have your reasons changed, if so why?
- What strengths and qualities have you found that have helped you in your chosen career?
- What do you think has been the most difficult part of your journey through medicine?



• Would you do anything differently with this knowledge and experience?

Step 3 — Clarify expectations and define boundaries

- Establish a meeting framework:
 - Where?
 - When?
 - How? (we advise face to face meetings at least once per year, but e-mail, phone or e-meetings are acceptable if both parties prefer for other interactions)
 - How long?
 - Frequency? (we advise at least twice in the academic year)
- We encourage the student to initiate meeting dates and discuss with you how best to organise (e-mail, phone).

Subsequent meetings

Successful mentoring is a collaborative effort. Mentors should create a safe and supportive environment for the Student mentee to examine behaviours or areas that they want to improve on. A Clinician mentor can be a wealth of knowledge during this stage by sharing resources, encouraging reflection and providing ideas and opportunities. Ideally a key outcome of the initial meeting for the year should be a plan of action by the Student mentee which is why meeting up at least twice per year is advised.

PDM Admin Hint: For students to complete the PDM mentoring program for each year, the student must return the Year 1 interview record by email by the due date (see <u>Appendices</u>). Many mentors find it easiest to give the signed record back to the student, who can then arrange to return this to the Medical School.

Please contact the <u>PDM co-ordinator</u> if you feel that your student mentee has made unacceptable progress or would benefit from additional support in areas concerned with professionalism.

Year 2

In Year 2 the PDM material is covered in a series of seminars, online using LMS and ePorfolio modules, communication tutorials, issues that arise in small group learning and through discussions with mentors. These issues include personal self-care and stress, breaking bad news, informed consent, confidentiality, ethical legal issues, reflective practice and critical incident debriefing.

For students to complete Year 2 PDM program requirements, you must meet them <u>at least once</u>. Completed and signed copies of the Interview Record need to be submitted to the Medical School by the due date (See Appendices).

Students Transitioning into Year 2 from Bachelor of Science (Medical Sciences) degree

We highly recommend that transitioning students meet their clinical mentor at least twice in Year 2. If this is difficult for the mentor, one meeting is acceptable but as this group of students have additional topics to be discussed, mentors may need to allow additional meeting time. To complete Year 2 PDM this student group need to submit a completed and signed copy of the Student Transitioning into Year 2 Interview Record to the Medical School by the due date (see Appendices).



Year 3

Year 3 students are required to discuss 2 x 'Challenges in Medical Professionalism' (ChiMPs) reflections with their UWA clinical mentor. ChiMPs reflections are designed to give students a framework for reflection and strategies for taking the best out of their clinical experiences. The students are encouraged to choose something that happened during a clinical rotation which affected them strongly. This could be either a positive or negative experience - there can be powerful learning gained from reflecting on why a negative experience happened - e.g. what is the back story to a doctor treating a patient rudely, or leaving extra work for their colleagues? There is a list of possible ChiMP topics below.

Suggested ChiMPs Topics (Appendix 2)

- Difficult ethical dilemmas
- Dealing with conflicts of interest e.g. pharmaceutical companies, having financial incentives to treat
- Lack of compassion and empathy for patients, their families/carers and other health professionals
- Health inequities in populations
- Inequities and inefficiencies in healthcare spending and resources
- latrogenesis, overdiagnosis and overtreatment
- Cynicism, burnout and the effects on patient care and reputation of the profession(al)
- Work-life balance
- Not coping when things go wrong (the second victim)
- External threats to the medical profession-politics, big Pharma, bureaucracy, litigation

Useful Resources:

- RACP Clinical Ethics resources
- BMA Ethics Toolkit

Recommended structure:

- 1. Brief description of the incident
- 2. Reflection on the professionalism challenges the incident raised; why does the student think this provoked a reaction in them
- 3. Comment on how the student thinks this will affect their future practice. Optionally, they may choose to reference some literature (medical or non-medical) that they think would be relevant or enhance the discussion.

There is no length requirement but 500 words per reflection should suffice.

Students usually benefit from some formative feedback with their reflective essays; as such the Medical School recommend that **students meet with their clinical mentor at least twice in Year 3**. The first interview is a chance to catch up, discuss the possible ChiMPs topics, arrange convenient meeting times and how the student should submit their ChiMPS.

We recommend that before students meet you to discuss a ChiMPs reflection, they send you a draft of at least one of the ChiMPs reflections. This provides you with the opportunity to reflect on their ChiMPs topic and should result in a more informed discussion of the professionalism issues.



PDM Program Prize for Best Year 3 UWA MD Essay on 'Quality and Safety in Healthcare'

PDM awards prizes for the two best Year 3 'Quality and Safety' short essays. If students wish to enter this, they submit a 750-1000 word reflective essay on a topic related to Quality and Safety in Healthcare to PDM administration by the first Monday in September. Scoring criteria (and weighting %):

- 1. Knowledge of safety or quality concepts (40%)
 - Indication of awareness of patient safety and quality
 - Understanding of patient safety and quality
 - Commitment to patient safety and quality
- 2. Understanding of the importance of evidence (30%)
 - Acknowledgement of importance of evidence review
 - Acknowledgement of differing quality of evidence sources
 - Indication of evidence review, or knowledge of current best evidence
 - Indication of critical analysis of evidence
- 3. Commitment to improvement (30%)
 - Identification of potential for errors within a current system/process
 - Identification of potential improvements to patient safety or quality
 - Implementation of improvements to current system/process

Word count 750-1000 words.

For non-RCS students to complete year 3 PDM, students must meet their clinical mentor <u>at least twice</u>. Completed and signed copies of the <u>Year 3 Interview</u> Record need to be submitted to the Medical School by the due date (see Appendices).

Rural Clinical School Students (RCS)

Students who are involved with the RCS in year 3 will be allocated an RCS mentor for their time with RCS and do not need to complete the ChiMPs, PDM interview record or the interviews. However, students are encouraged to remain in contact with their metro based mentor whilst away in year 3.

Electives

Electives for year 4 MD students occur during the transition from IMP2 to IMP3. The MD clinical elective requirement is four weeks (20 days). The official elective period starts following the December MD3 Board of Examiners meeting, with students who travel outside of WA returning in time to allow processing of their MRSA swabs before year 4 rotations commence.

The clinical elective unit is assessed on a pass/fail basis. In order to pass students must meet the following requirements:

- (1) a minimum 4 weeks (20 working days) supervised by a clinician in a medical or medical research related workplace and documented with a signed supervisor report form.
- (2) submit an assessment equivalent to approximately 1000-1500 words about their elective experiences accompanied by a Photovoice (https://photovoice.org/) or a recorded PechaKucha presentation (20 slides for 20 seconds each https://www.pechakucha.com).



The submission includes the student's aims for their elective and addresses how the elective experience matched these aims. Students should reflect on what they learnt from the elective experience e.g. the practice of medicine in the location where the elective was spent, how this relates to medicine in Western Australia and their own professional development and career aspirations.

This requirement must be met regardless of where the placement was undertaken; it applies equally to students undertaking a placement in a hospital or medical practice/research related workplace in WA.

The elective report (Appendix 4) is to be sent to the clinical mentor - students may subsequently wish to meet with their mentor to discuss the elective and report, but the mentor needs to complete the Medical Student Elective Report - Mentor Review form

and

(3) submit a satisfactory, signed and dated supervisor's report form covering each elective period over the full 4 weeks. Students should keep a copy of their report and the supervisor's report forms.

Students need to upload the signed and completed Medical Student Elective Report - Mentor Review form and the MD Elective Supervisor Report form to the elective unit on LMS. Any queries should be directed to the Elective coordinator, mdelectives@uwa.edu.au.

The deadline for submission is 30 April in any given year.

Students should view the Electives unit on LMS for further details.

Year 4

The PDM seminars continue in year 4 and consist of a series of interactive seminars focussing on topics relevant to new doctors. Seminars may include topics such as:

- Ethics
- Law, Medical Defence and Risk Management
- Communication, Open Disclosure, Difficult Patient Relationships
- Life Balance, transition to Junior Doctor
- Leadership.

We encourage students to meet with you early in the year to discuss their Intern Application, as these contain many PDM related themes. This is not compulsory but is a good opportunity to "touch base" early in the year.

Your student/s will submit an ethics essay to you for comments and feedback. You should meet with your student face to face **at least once** (we recommend by the last Monday in July as the latest time).

It is **the student's responsibility** to ensure that completed and signed copies of the <u>Interview</u> <u>Record</u> are returned to the PDM School Operations Officer, UWA Medical School, before the relevant due date (See <u>Appendices</u>).

The Ethics essay topic changes each year, and the students are informed through their learning management System (LMS). The word count is c. 1500. An ethics essay marking rubric is available at Appendix 5.



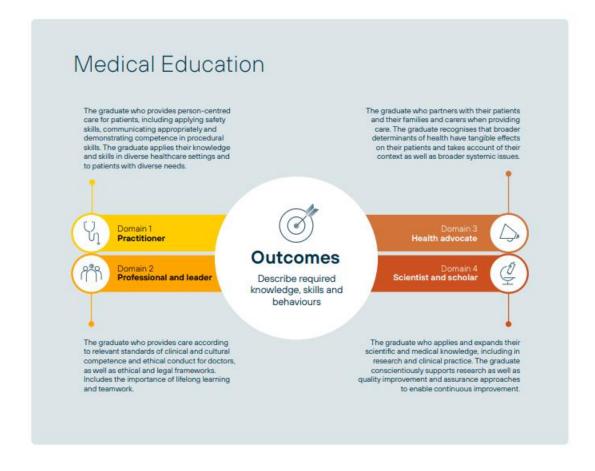
If you any concerns that your mentee needs additional assistance in any of the AMC Professional Attitude Goals of Medical Education (Appendix 1) or has not made acceptable progress, please contact the PDM co-ordinator urgently.



Appendix 3 - AMC Standards in Medical Education 2024



The graduate outcome statements are grouped into four domains as follows:





Appendix 4 - Sample Year 3 ChiMPs

Sample One: Ethical Behaviour

When I was in first year I was sitting in with a GP and a girl a bit younger than me was one of his patients. By the end of the consult she needed a pap smear. She was very shy and she was obviously quite nervous about the whole situation. I was very upset by the way the GP dealt with her. He didn't explain the procedure at all, just made her get undressed and did it. Because she was so anxious she couldn't relax enough and it made the procedure difficult and the GP almost yelled at her to relax. It made me very angry but since I was only a first year student I didn't feel I could say anything.

This was the first big example of unethical behaviour I saw and it has certainly stuck with me ever since. It was a big lesson to me and has made me be extra careful about being sensitive to a patient's needs.

Mentor's Comments:

Needs more work: Student is aware that something is of ethical concern, but does not clearly articulate the ethical issue. Some thoughtful reflection, albeit brief. Acceptable subject matter, but needs further discussion with student about the underlying ethical issues, what makes health professionals behave this way (? burnout), and some additional detail added by the student.

Sample Two: Diversity

Patients' cultures and backgrounds can certainly have great effect on the care provided them. For example, there are some cultures and backgrounds which I've observed which have so great an effect that no significant care is possible from male doctors.

example, I recall an experience а male friend described to an about his encounters with some Muslim families in the labour ward. Their religion forbids, as far as possible, physical contact between Muslim women and men besides their husbands. As a male medical student eager to admit women in labour into the ward, my friend had approached an Iragi couple, seeking permission to conduct the admission which requires a brief presenting history and quick physical examination. The woman and her husband requested that only female nurses, midwives and doctors look after her. The most my friend was permitted to do was to have a brief chat with them before calling for the midwife to take over the remainder of the admission. This couple's religious conviction meant that as a male student, he could have no part in the care of this lady and in the birth of her baby. In such cases, then, simply being male affects the provision of care, as long as there are female staff who can do the same job. Only in real emergencies, and as a last resort, can male health workers make physical contact with Muslim women. I am not aware if this is also true for physical contact between female non-Muslim health workers and male Muslim patients.

As it turned out, my friend told me that other couples refused his involvement in their care for religious reasons that night, making his twelve-hour shift a lot quieter than it would have been normally. Of course, that cannot be held against them - patients should have a right to choose if a student is to be involved in their care. As my friend told me, he simply counted it as another part of his experience in the ward and realised what it has taught him - and me - about people of other religions and cultures. He used his time on labour ward to look at some educational resources on this topic. I also found very useful info on the WA Health Dept Multicultural Health website and RANZCOG.edu.au



Mentor's Comments:

Acceptable. Provides an example of how patient's belief system was relevant to the particular encounter. Accurately identified and articulated and reflective learning skills demonstrated

Sample Three: Learning and Continuing Education (Self Care/Self Awareness)

Artefact: Extract from 'The Depressed Medical Student Why I dislike problem based learning' blog Problem Based Learning is a bit like Marmite – you either love it or hate it. When applying to medical school, many applicants discriminate their choices based on things like grade requirements, extra-curricular requirements, entry test requirements and so on. Some lucky applicants (or those applicants who have applied unwisely) are in the position to further narrow their search if they meet all of the entry requirements – they can now, for example, decide on things like the city, student life and course. The last option here is key – the course.

Medical courses tend to be either lecture based, problem-based or a bit of a combination of the two (which is what mine is). Many medical schools have thrown out names like case-based learning but, from having a read of what they entail, they just seem like fancy names for problem-based learning (PBL) as a way of attracting applicants to their medical school.

Having experienced both at my medical school (admittedly, my medical school is very heavily lecture based with just the odd PBL session thrown in here and there), I have decided that I really don't like PBL as a teaching mechanism. This isn't to say that it's a *bad* method for everyone and indeed, many medical students do love it. Nor do I wish to diss any fellow medical students or doctors who learnt via PBL, for they are not any less competent.

Being exposed to so much PBL this year has been very different to the previous four years. Initially, my reactions were along the lines of those described above. I really thought it could never work, or that if it did, we would need to put in an enormous amount of time and work. So far I've achieved high marks and I wanted this to continue – I was concerned that PBL would make this more difficult. For sixteen years I've been taught in a didactic way, that's how I got into Medicine and that's how I've achieved high marks so far, and it seemed a bit late in the course to be suddenly changing all this.

I had complained about this to a friend of mine who is a teacher, who instantly said, "No wonder you're worried, you've always been a surface learner." I'd heard of this term before but she gave me some references which clarified the styles of learning. From reading about the definitions of surface, deep and achieving learners (Learning styles and approaches to learning among medical undergraduates and postgraduates) I attempted to analyse my learning styles throughout the course. Until this year, I have employed a mixture of surface and achieving learning styles – in that I have spent most of my studying time memorising the facts and procedures which I anticipated would be tested in the exams, but sometimes trying to learn things at a deeper level to improve my marks. There have been very few times when I have been motivated to study a subject more holistically or deeply for any reason other than achieving a higher mark.

Looking back on the effect of the PBLs during this year, I realise that their very design has forced me towards a deeper learning style. There is more work involved, but at the same time it is more satisfying. In previous years, after an exam I have felt I've forgotten all the facts I'd learned for it within a few days; but this year, I feel I am retaining information much more easily – because there is a context in which I learnt it, rather than just memorising lists of unconnected facts. Obviously this should make my transition to working life easier.

I don't know if I could have continued to exist as a surface learner this year – because I enjoyed the PBL style, I found myself making a conscious effort to learn in a deeper way anyway – but I



suppose when it comes to exams at the end of this year, that will be the true test of how much my learning style has changed. Overall I prefer the end result of deep learning, but at times find the effort required is much higher than my previous surface learning style, and if I was to return to a non-PBL based curriculum, I might find it easier to revert to surface learning. I have always achieved good results through that method, and even though the quality of my learning would be lower, if I'm honest then the good results are more important to me, and I'll do what I can to get the highest results in the time I have available.

Mentor's Comments:

Well done. Demonstrates sophisticated awareness of the Theory/Principles which underpin the theme. Demonstrates how awareness changes performance or precipitates action that results in different or potentially different outcomes with regard to specific example or practice generally.

Sample Four: Self Care and Stress Management

For some reason, this year has been the most stressful one for me at uni so far. I have always kept a diary but usually just write the facts and feelings as they happen – without wondering if I could change anything to make it better. I'm pretty lucky to have parents who are happy to support me throughout uni, but because many of my school friends have long graduated and started earning money, I'm very conscious of trying to provide for myself a little, so I have kept up a part-time job at the supermarket. But there are times when combining this, my study, my family life, and a pretty limited social life all get a bit difficult.

Normally I notice I'm stressed when I start arguing with people – especially my family. At these times I often also find it hard to get to sleep at night – all the things I didn't get finished during the day go round and round in my mind. After I read back on my diary entries for the past few weeks I realised that I should be looking after myself better – I mostly recognise when I'm stressed, but do very little about it. When I read an article by a senior doctor who opened up about his major mental health <u>crisis</u> I gained a new appreciation of the importance of being pro-active and open about my mental health.

I'm about to start a <u>mindfulness/meditation course</u> which a friend recommended – she said the techniques they teach are very simple, and she does it each night before she goes to bed, and she sleeps a lot better, and feels more in control of all the busy things she does. I'm aware that different strategies suit different people so I will monitor how this works with me; and try other strategies if I feel this isn't as effective as I'd like. It's also reassuring to know that I am not the only one with these problems. I found some helpful articles by students and doctors in the <u>Humans of Medicine website</u> and other resources in the 'I need help' site

Mentor's Comments:

Acceptable. The student identifies the stress and stressor and addresses the link between stress and general performance. Is aware of and can identify stress signs and their significance, and demonstrates ability to seek out resources and involving friends and family in developing personal stress management strategies.



Appendix 5 – Year 4 Ethics Essay Marking Rubric

Assessment Criteria

- 1. Appropriate essay structure including:
 - Description of the ethical dilemma
 - Analysis and literature review
 - Conclusion with references (if appropriate)

2. Content

- Depending on the area selected, the essay indicates that the student has:
 - Knowledge of medicolegal responsibilities; recognition and discussion of complex ethical and legal issues in medical practice
 - Displayed critical and insightful self-reflection of their own personal values and how these relate to the ethical dilemma
 - Respect the patient's values, preferences, context and perspectives, and explain the effects of these on shared decision-making, diagnosis and management from an ethical perspective.



Appendix 6 – PDM Interview Record Sheets



Year 1 PDM Interview Record

The purpose of this form is to allow mentors to report back on their initial interview with their 1st year student/s.

Students may fail a professionalism assessment if this Interview Record is not submitted to PDM Admin by the first Monday in November.

Student Name:				
Student Number:				
Interview date:				
Topic	Υe	es/No	Comme	ents/ Actions
Discuss professionalism in clinical practice (Pages 5-6 Mentee Guideb	ook)			
2. Identify the importance of the role a mentor in the professional setting (Pages 9-11 Mentee Guidebook)	e of			
3. Understand the benefits of PDM a the areas of PDM focus (Page 4-5 Mentee Guidebook)	nd			
4. Developing confidence interacting a personal level with a clinician on a one-to one basis	_			
Please	e tick one	e box:	Acceptable	Needs Assistance
Please comment if mentor feels the s	itudent n	eeds ad	ditional support	
Name of Mentor		Men ema		
Signature of mentor		Date		

<u>Please return this form to:</u> Deborah Chapman, PDM School Operations Officer.

Email: pdm@uwa.edu.au, Phone: 6457 3804 by no later than the first Monday in November



Year 2 PDM Interview Record

The purpose of this form is to allow Mentors to report back on their initial interview with their 2nd year student/s.

Students may fail c	a professionalism assessment if this Ir the first Monday			nitted to PDM Admin b
Student Name: Student Number: nterview date:				
	Торіс	Yes/No	Comm	ents/ Actions
1. Discuss the tra	insition to the clinical years			
	entee is aware of the AMC ude Goals of Medical Education Guidebook)			
	equirements for and themes for the says (Pages 20-21 Mentee			
	oility to interact on a personal level n a one-to one basis.			
	Please tid	k one box	Acceptable	Needs Assistance
Please comment	t if mentor feels the student needs ac	lditional su	oport	
Name of Mentor		Mentor email		
Signature of mentor		Date:		

<u>Please return this form to:</u> Deborah Chapman, PDM School Operations Officer.

Email: pdm@uwa.edu.au, Phone: 6457 3804 by no later than the first Monday in October



Student Transitioning into Year 2 PDM Interview Record

The purpose of this form is to allow mentors to report back on their initial interview with their 2nd year student/s.

Students may fail a professionalism assessment if this Interview Record is not submitted to PDM Admin by the first Monday in October. Student Name: Student Number: Interview date: Topic Yes/No Comments/ Actions 1. Discuss professionalism in clinical practice (Pages 7-8 Mentee Guidebook) and transition to the clinical years. 2. Identify the importance of the role of a mentor in the professional setting (Pages 9-11 Mentee Guidebook) 3. Understand the benefits of PDM and the areas of PDM focus (Page 4-5 Mentee Guidebook) and awareness of AMC Professional Attitude Goals of Medical Education (Page 6 Mentee Guidebook) 4. Developing confidence interacting on a personal level with a clinician on a one-to one basis 5. Describe the requirements for and themes for the Year 3 ChiMPs essays (Pages 20-21 Mentee Guidebook) Please tick one box: Acceptable Needs **Assistance** Please comment if mentor feels the student needs additional support Mentor Name of Mentor email

<u>Please return this form to:</u> Deborah Chapman, PDM School Operations Officer.

Signature of mentor

Email: pdm@uwa.edu.au, Phone: 6457 3804 by no later than the first Monday in October

Date:



Interview Date 1

FINAL

Interview Date 2

MD PERSONAL AND PROFESSIONAL DEVELOPMENT

Year 3 PDM Interview Record

The purpose of this form is to allow Mentors to report back on their initial and final interview with their 3rd year student/s.

Students may fail a professionalism assessment if this Interview Record is not submitted to PDM Admin by the first Monday in September.

Name of student

and

student number						
					_	
		Topic	Yes/No Comr			ments/ Actions
Ensure the mentee understands the principles and importance of reflective practice (Pg. 15-16 Mentee Guidebook)						
Challenges in Medical Professionalism Topic (Specify Below) Topic (Optional to complete if wis				Circle ove	rall assessment	
					ceptable s assistance	
						ceptable : Assistance
essays. If students v	wish to	DM Program awards prizes for the period of this content of the period of	d reflect	ive es	say on a to	pic related to Quality
Name of Mentor		M	entor mail			
Signature of mer	ntor	De	ate:			

<u>Please return this form to:</u> Deborah Chapman, PDM School Operations Officer:

Email: pdm@uwa.edu.au, phone 6457 3804, by no later than the first Monday in September.



Year 4 PDM Interview Record

The purpose of this form is to allow Mentors to report back on their initial interview with their 4th year student/s.

Students may fail a professionalism assessment if this Interview Record is not submitted to PDM Admin by the first Monday in September

Name of		Final				
student and student number		Submissi	on of Essay	Interview Date		
	Tonic	Yes/No		omments/ Actions		
Topic 1. Have you any concerns that the mentee needs additional assistance in any of the AMC Professional Attitude Goals of Medical Education (Page 6 Mentee Guidebook) before graduation?		103/140		Officially Actions		
	ethics essay display acceptable nding of the issues					
	Please tick one box	Acce	ptable	Needs Assistance		
Please com extra assista Comments:	ment if mentor feels the student has mo nce.	ide unacc	eptable prog	gress or would benefit from		
Name of Mentor		Mentor email				
Signature of mentor		Date:				
Please return	this form to: Deborah Chapman, PDM S	chool Ope	rations Office	er:		

Email: pdm@uwa.edu.au, phone 6457 3804, by no later than the first Monday in November.



Appendix 7 – 2024/25 MD Medical Student Elective Report – Mentor Review Form

Background: Medical student electives are an opportunity for the students to explore new horizons and seek greater wisdom in an area of medical practice. The elective for MD students occurs in transition from 3rd year to 4th year and lasts four weeks.

The purpose of this form is to document the mentor's feedback comments on their mentee's professional development during their student elective by means of the student's elective report. If mentors perceive that students need assistance (professionalism, self-care, or ethical concerns) this will be followed up by the Professional Development and Mentorship Program Coordinator.

Requirements: Students completing electives are required to submit ONE of the following options:

- a reflective essay of approximately 1000-1500 words, accompanied by a Photovoice (https://photovoice.org)
- a recorded PechaKucha presentation (20 slides for 20 seconds each https://www.pechakucha.com)

Your submission should:

- Reflect on what you learnt about yourself
- Highlight your most memorable learning experience(s)
- Discuss how this relates to your future medical career (your professional development).

For course requirements, the elective report should be submitted by the student to LMS by 16th February 2025 and this form needs to be signed off by the clinical mentor and submitted by 30 April (approximately 10-week window from the elective completion). Please contact the Elective Coordinator if this is not possible. Although it is recommended to meet with your mentee to discuss the elective with them, we recognise that this may not be possible, and students can alternatively meet with the Unit Coordinator Dr Scott McCoombe.

Student Name:	
Student No:	
Feedback on Student Elective Report	(please tick):
Acceptable Progress	☐ Needs Assistance
Mentor Name:	
Signature of mentor:	
Email:	Date:/

Submission due date is of this form is 30th April. The student must upload this signed and completed form to the elective unit on LMS, together with their Elective Supervisor Report form. Any queries email mdelectives@uwa.edu.au.



MD PROFESSIONAL DEVELOPMENT AND MENTORING

Appendix 8 - Mentor Feedback and Evaluation Form

We value and welcome your feedback on the PDM Clinical Mentoring Program. Please take a few minutes to complete this feedback form online at https://forms.office.com/r/ge1RUscTLD or complete this paper copy and return it to:

Deborah Chapman, PDM School Operations Officer.

Email: pdm@uwa.edu.au, Phone: 6457 3804

Post: UWA Medical School M500, UWA, 35 Stirling Highway, Crawley, 6009.

Data obtained from this evaluation will be treated anonymously and will be used to improve the program in future years.

For the following statements, please tick to indicate whether you Strongly Disagree, Disagree, feel Neutral, Agree or Strongly Agree. Some of these statements will correlate with those asked of students on the SPOT form for PDM.

		SD	D	N	Α	SA
1	Students understood what was expected of them					
2	I understood what was expected of me as a mentor					
3	The Mentoring program and tasks are useful for assessing some components of PDM					
4	The standard of the student's reflective essays and ethics essay was acceptable					
5	The training session helped me to understand the Mentoring program					
6	The Medical School provided adequate support for the Mentoring Program					
7	I would like to continue to be involved in the UWA Mentoring Program in the future					

7	I would like to continue to be involved in the UWA Mentoring Program in the future					
Plea	se list any positive aspects of the UWA PDM Clinical Mentoring Progr	am?				
Do	you have any suggestions for change or improvement?					
Ple bel	ase let us know if you wish to opt out of being a Clinical Mentor bow:	oy cor	nplet	ing tl	he se	ction
⊐ I c	ish to opt out of the mentoring program for years o not wish to be a UWA Clinical Mentor in future, but may contact de otherwise	ct the	Medi	cal S	choo	ol if I



Appendix 9 - Intern Application Link (Online Application)

https://pmcwa.org.au/junior-doctors/intern-recruitment?

The 2025 intern application process requires applicants to address four criteria (maximum of 500 words each). Applications are ranked according to merit in accordance with standard public sector recruitment processes.

- 1. Primary medical degree from an Australian Medical Council accredited medical school, registerable with the Medical Board of Australia.
- 2. Ability to work effectively in a healthcare environment. In your answer, provide examples of good interpersonal skills, an ability to work in a multidisciplinary environment and good organisation and time management skills.
- 3. Commitments to working in Western Australia to promote, protect, maintain and restore the health of the people of Western Australia. Indicate how these commitments have influenced your decision to choose your hospital of first preference.
- 4. Commitment to continued learning and academic excellence.

There are many guides on addressing the selection criteria available online.



Appendix 10 - Important Dates

Year 1					
Before the first Monday in November	Students to meet with mentor once to introduce yourselves and explore how you see your mentoring relationship working. Submit Interview Record to PDM School Operations Officer, UWA Medical School before Monday 3rd November 2025 (Students are to ensure this happens)				
Year 2					
Before the first Monday in October	Students to meet with mentor at least once to discuss transition to clinical phase and begin discussions on portfolio areas. Submit Interview Record to PDM School Operations Officer, UWA Medical School before Monday 6th October 2025 (Students are to ensure this happens)				
Transitioning into Year 2 from Bachelor of Science (Medical Sciences) Student Information	Students are strongly recommended to meet with their mentor at least twice. Your first meeting is to introduce yourselves and explore how you see your mentoring relationship working and your second meeting is to discuss professionalism, transition to clinical phase and begin discussions on portfolio areas. Submit Student Transitioning into Year 2 interview record to PDM School Operations Officer, UWA Medical School before Monday 6th October 2025 (Students are to ensure this happens)				
Year 3					
Before the last Monday in June	First interview to take place by Monday 30th June 2025 , although earlier is recommended. Students to have submitted at least one of their draft ChiMPs entries to their Mentor				
Before the last Monday in July	Students to submit final ChiMPs (two topics) to their Mentor by Monday 28 th July 2025				
Before the first Monday in September	Final interview to take place and Interview record including student's mark to be submitted to PDM School Operations Officer, UWA Medical School by Monday 1st September 2025 (Students are to ensure this happens)				
Year 4					
First Monday in July	Student to Submit Case Based Ethics Essay to their Mentor by Monday 7 th July 2025				
First Monday in September	Year 4 MD students - Final interview to occur and Mentor to record Student's mark ('Acceptable Progress' or 'Needs Assistance') and forward to the PDM School Operations Officer, UWA Medical School by Monday 1st September 2025. Students are to ensure this happens)				



Appendix 11 - Useful Contacts

Professional Development and Mentoring Program Queries

- Clinical Mentor Program
- Approval for Clinical Placements with Mentor*

Contacts

- A/Prof. Paul McGurgan, Program Coordinator
- <u>Deborah Chapman</u>, Program Administrator
- Tel: 6457 3804
- Web:
 - Course code 91850 https://www.uwa.edu.au/study/courses/doctor-of-medicine
 - Course code 90850 https://handbooks.uwa.edu.au/coursedetails?code=90850
- *For rural clinical placement approval please email RCSWA.

E-Portfolio Queries

Assessment

Contact: <u>Dr Helen Wilcox</u>, MD Program Director.

Student Life

Student Offices Tel: 6488 8500

• <u>Admissions</u> Tel: 6488 4646

Student Support Services

- Drug and alcohol counselling is available from The <u>UWA Medical Centre</u>:
- Face to face support can be obtained in Perth through the UWA Counselling Service (+61 8) 6488 2423

Additional student support services available can be found on LMS MD Program Community Site, see Mentoring Program

Sub-Dean Quick Contacts

- Year 1 Sub-Dean: Dr Zaza Lyons. zaza.lyons@uwa.edu.au
- Year 2 Sub-Dean: Dr Eileen Tay: eileen.tay@uwa.edu.au
- Year 3 Sub-Dean: Dr Brett Montgomery. brett.montgomery@uwa.edu.au
- Year 4 Sub-Dean: Dr Lucy Gilkes. <u>lucy.gilkes@uwa.edu.au</u>