

## Poche Research Fellows

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We have appointed Poche Fellows in each key focus area to bring specialist research knowledge to progress the work in their field of expertise.

## The Poche UWA Leadership Development Awards

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Investing in our young people is the key to a positive future. The Leadership Awards provide unique opportunities and funding support for Indigenous students in medicine, dentistry and health sciences to build their leadership skills and knowledge in health at local, national and international levels.

News and information on the Poche Centre for Indigenous Health at UWA can be found at <http://www.poche.uwa.edu.au>



Healthy Minds, Healthy Lives

# Poche Centre for Indigenous Health

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The Poche Centre for Indigenous Health at UWA was established through the generous \$10 million gift by leading Australian health philanthropist Greg Poche AO and his wife, Kaye van Norton Poche. We are part of a network of Poche Centres at the University of Sydney, Flinders University Adelaide, Flinders University Alice Springs, the University of Melbourne and the University of Queensland.

Based around a central theme of *Healthy Minds Healthy Lives*, the Poche Centre brings together the University's expertise, programs and resources in Aboriginal health and education to drive a transformative intergenerational Aboriginal health research agenda. The Poche Centre at UWA is a partnership between the School of Indigenous Studies and the Faculty of Medicine, Dentistry and Health Sciences, and its specialist centres and schools: the Rural Clinical School of WA, the Western Australia Centre for Rural Health, the Centre for Aboriginal Medical and Dental Health, the School of Paediatrics and Child Health and the School of Dentistry.

*Healthy Minds, Healthy Lives* recognises the centrality of culture to good mental and physical health. The Poche Centre at UWA:

- ✎ Takes a proactive rights-based approach to health and education
- ✎ Values Aboriginal knowledge systems as critical to developing effective health services
- ✎ Commits to respectful and meaningful partnerships as essential for achieving sustained change in Aboriginal health outcomes.



We support practical solutions and projects that deliver services directly to Aboriginal people to improve health outcomes.

The Poche Centre at UWA has three key focus areas, each led by a senior researcher:

### **Culture, Wellbeing and Mental Health**

We recognise cultural understandings in health and promote wellbeing and positive mental health for Aboriginal young people.

### **Aboriginal Children's Health and Development**

We focus on improving health, disability and development outcomes for Aboriginal children by improving access to, and quality of care delivered by Aboriginal and mainstream health service providers.

### **Chronic Disease**

We provide health service interventions for better prevention and management of cancer and cardiovascular disease in Aboriginal people in rural areas.

## **Research Leaders group**

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The Research Leaders group comprises senior UWA researchers and academics:

- ✎ Professor Karen Edmond, School of Paediatrics and Child Health
- ✎ Professor Sandra Thompson, WA Centre for Rural Health
- ✎ Professor Dawn Bessarab, Centre for Aboriginal Medical and Dental Health
- ✎ Professor Pat Dudgeon, School of Indigenous Studies
- ✎ Professor Jill Milroy, School of Indigenous Studies
- ✎ Professor David Atkinson, Rural Clinical School WA
- ✎ Professor Camile Farah, School of Dentistry
- ✎ Poche Fellows, Dr Sandy Hamilton, Ms Carolyn Moylan and Ms Chontarle Bellottie.