RESEARCH FORUM ON AGEING
DIVERSITY AND INNOVATION: APPLIED RESEARCH AND POLICY ON AGEING

Program

8:30	Registration
9:00	Welcome and Introductions, Chair, Loretta Baldassar
	Welcome to Country, Professor Len Collard
	Welcome to UWA, Professor Matthew Tonts
9:15	Panel 1: Research Highlights, Chair: Irene Mooney
9:15	Professor Anne Rogers and Dr Ivo Vassilev, Southampton University, GENIE project*
10:00	Dr David Coall, ECU, Grandparents as carer's project, Grandcarers
10:30	Dr Bec Nguyen, UWA, Living Longer Priority Setting Partnership project
11:00	Morning Tea
11:20	Purple Road Installation, Chair: Mary Gurgone
	Presenter: Gaynor Noonan
11:30	Panel 2: Dementia Workshop: Living well with dementia, Chair: Mary Gurgone
	Presenters: Margie Melano, Kirsten Turner, Marissa Otuszewski (Commonwealth Health Department); Facilitators: Michelle Jenkins, Maggie Greening (Fortis Consulting, Partners In Culturally Appropriate Care)
1:00	Lunch
2:00	Panel 3: Community Initiative Highlights, Chair: Angelita Martini
2:00	Veronica Clarke, Melville, Age Friendly
2:20	Helen Morton, Pingelly, Staying in Place – Virtual Village
2:40	Angela Ryder, Aboriginal Aged Care Community Hub
3:00	Afternoon Tea
3:30	Panel 4: UWA Living Lab SPARK Workshop, Chair: Professor Loretta Baldassar
	Presenter: Dr Lukasz Krzyzowski
5:00	End Forum
5:15	Launch Living Lab and Drinks
	Welcome and Introductions, Professor Ben Smith, Deputy Dean FABLE, Research
	Video message, Co-Founder/Directors, Phil Donalson, Gareth Priday, A/Prof Amanda Third, The Australian Living Labs Innovation Network
	Launch, Professor Shamit Saggar, UWA Public Policy
	Future plans, Professor Loretta Baldassar and Dr Lukasz Krzyzowski

PANEL 1: RESEARCH HIGHLIGHTS

Chair: Irene Mooney, Irene Mooney joined MYVISTA as the Chief Executive Officer in January 2015, following many years in CEO and executive positions within the WA Aged Care Industry both in metropolitan and rural areas. Irene has a Masters in Leadership & Business Management and a Bachelor of Nursing. She is a Fellow of the Australasian Association for Quality in Health Care and Member of the Australian Institute of Company Directors and Australian College of Nursing. Irene has served and continues to serve on many industry and organisational boards and committees for Aged Care, Health and Education and recently holds the Chairperson position for the newly formed Association for Culturally Appropriate Services (AfCAS).

Anne Rogers, is Professor of Medical Sociology & Health Systems Implementation at the University of Southampton. Her research interests include research in the sociological aspects of mental health and illness, users experiences of health care, health need and demand for care, and how patients adapt to and incorporate new technologies into their everyday life. Currently she is focused on addressing how personal and social networks and relationships in domestic and community settings act as a conduit for accessing resources and support for managing health and illness.

Ivaylo Vassilev, is Principal Research Fellow in Health Sciences at the University of Southampton. He has a background in sociology and his current research is focused on the political economy of chronic illness, using networks methodologies for the study of chronic illness management and developing, further designing and studying the implementation of a social network intervention for managing health and illness.

Southampton Genie Project: Policy and practice are increasingly been directed towards a greater focus on the delivery of healthcare in public health spaces. Social networks provide a potential way of mobilising, mediating and accessing support for health and well-being. Evidence of the positive role social networks have in managing health and illness suggests that current self-management initiatives emphasising individual motivation and behaviour change are likely to be enhanced by the development and implementation of strategies for linking people to wider resources through engaging social networks and local support a focus on co-production and implementation strategies which cross informal and formal healthcare boundaries.

Anne Rogers and Ivaylo Vassilev have developed and implemented a social network tool GENIE (Generating Engagement in Networks Involvement) which is being used in a variety of health, social and community settings and for people who are socially isolated or living with long-term conditions. This presentation describes the development and implementation of GENIE a web-based tool comprising of the following components:

- Mapping together with a facilitator an individual's current social support network using a concentric circles diagram.
- Eliciting a set of personal preferences for activities and support resources.
- Linking individuals to prioritised and valued activities and resources (links are to a pre-created database where local organisations and resources have been categorised.)
- Presenting options in a visually engaging and user-friendly way with clear details about access locally and online.

They will discuss how the tool works, the basis of its acceptability to those who might benefit most from it, how and under what circumstances it enhances support and the way in which their experience using this tool has added to their understanding concerning the way in which social networks are able to promote engagement with resources and activities.

David Coall is the Senior Lecturer and Biomedical Science course coordinator in the School of Medical and Health Sciences at ECU. His research examines inter-generational influences on health within families with a recent focus on the needs, experiences and health of grandparents who raise their own grandchildren. Crucial to understanding this issue is accessing the diverse voices of grandcarers. His current Lotterywest funded project, in collaboration with Wanslea and Curtin, explores the lives of Western Australian grandcarers and their grandchildren.

Bec Nguyen is a Digital Health Research Officer at the Telethon Kids Institute and recently stepped down from her role as a Project Officer with the Consumer and Community Health Research Network. In these roles, she worked to advocate for the involvement of the community, especially children and young people and those with diverse cultural backgrounds, to be involved in the planning, implementation and dissemination stages of health and medical research projects. The projects include over 12 digital health and consumer advocacy projects at Telethon Kids Institute and the University of Western Australia.

PURPLE ROAD INSTALLATION

The Purple Road is a community awareness campaign which grew out of a roll of material, some forgotten balls of wool, and lots of enthusiasm from a small group of people who share a hope of spreading a message. The eighteen-metre-long road is made up of thousands of hand-made purple flowers — contributed via art and craft groups and older adults of our community. Purple is the colour of age and wisdom. Every flower represents someone's story, a conversation or reflection relating to the very important, yet sensitive subject of Elder Abuse. Elder Abuse is a 'human rights' issue which can prevent someone from ageing positively. The Purple Road is a collaborative artwork; a visual representation of the Rights of an older person which gives rise to positive ageing and empowerment of our older community members.

PANEL 2: DEMENTIA WORKSHOP: LIVING WELL WITH DEMENTIA

Chair: Mary Gurgone, Mary Gurgone is a leader in building individual and organisational capability to capitalise on language, culture and diversity of workforce, clients and community. An important part of her work has been devoted to Aboriginal well-being. Her public sector experience spans education, training, audit, evaluation, policy and planning roles. Since joining Fortis Consulting in 2009, she managed the rapid growth, business diversification, partnership development and organisational change that led Fortis Consulting to be identified as one of the top 30 consulting businesses in WA and winning the WA Multicultural Private Sector Award in 2016. Mary volunteers with the Zonta House Women's Refuge where as Chair of the Board she led the development and establishment of the award-winning Positive Pathways program that continues to help women to stay safe and lead fulfilling lives after leaving the refuge. As President of the Zonta Club of Perth, Mary led the Kimberley-based Aboriginal project which has achieved improved safety and employment outcomes for young people.

Mary's leadership nationally and internationally includes the following roles:

- NAATI Board Member (current)
- National president of the Australian Institute of Interpreters and Translators Inc (AUSIT) (1991-1994) and Fellow of AUSIT (current)
- Member of the Federation Interpreters and Translators (FIT) Human Rights Committee 1998-2000
- Director of the WA Partners in Culturally Appropriate Care program (current)

Dementia Workshop: Living well with dementia, Margie Melano and Kirsten Turner

Dementia is the greatest challenge for health and social care in Australia. It is the leading cause of death in women and the second leading cause of death of all Australians. One in ten 65 year olds in Australia live with dementia, and three in ten 85 year olds — with rates three to five times higher in Aboriginal and Torres Strait Islander Australians. It is the single greatest cause of disability in older Australians. Around 70% of people with dementia live in the community, and more than half of all people in residential aged care have dementia. Over 447,000 Australians are estimated to currently live with this debilitating and degenerative disease. Dementia increases the vulnerability and risk of elder abuse in already vulnerable and sometimes under-supported people.

The Department of Health has undertaken human-centred approach to co-design with people living with dementia, carers, health professionals, aged care workers, researchers and dementia care experts and experts a set of evidence-based priority areas to fundamentally change the way people living with dementia are cared for and supported.

- Becoming a dementia-inclusive society
- Timely diagnosis and early supports to live well with dementia
- Ongoing supports for people living with dementia and their carers
- A health and aged care workforce that delivers exemplary dementia care

In this workshop, we will be unpacking these priority areas, identifying practical ways they could be implemented, with a particular focus on how to better support people with culturally and linguistically diverse backgrounds, Aboriginal and Torres Strait Islander people, people who identify as LGBTI, and people who are especially vulnerable. It is a chance for you to influence the direction and implementation of new national policy, bringing your expertise and experience to this important issue. Input from this workshop will feed directly into new policies currently being considered to better support people living with dementia and those involved in their care.

Kirsten Turner is Assistant Director Dementia Policy, from the Department of Health (Commonwealth). Kirsten has over a decade of experience working in research, evaluation and policy, principally for Aboriginal and Torres Strait Islander Australians, working collaboratively with Aboriginal and Torres Strait Islander communities. She is leading the implementation of new dementia policy.

Margie Melano is the Strategic Design Lead at the Department of Health (Commonwealth) where she is leading a human-centred design approach to dementia policy. Margie brings together the storytelling of ethnography to enhance people's understanding of dementia experiences, with domain knowledge and facilitates conversations with people living with dementia, carers, communities, clinicians, aged care workers, researchers and other experts to develop policy solutions to foster inclusive communities, enable timely diagnosis and early supports to live well with dementia, deliver ongoing supports for people living with and alongside dementia, and develop health and aged care workforces that deliver exemplary dementia care.

PANEL 3: COMMUNITY INITIATIVE HIGHLIGHTS

Chair: Angelita Martini, Angelita Martini has worked in public health practice, education and research, and is currently Director of Research at Brightwater Care Group, a large not-for-profit organisation that provides services for older people, and younger people with disabilities (specialising in Acquired Brain Injury). Her research interests include support for children impacted by family illness, exercise and the elderly, and resilience in ageing. Her work and research have had a substantial influence on policy and practice through successful collaboration and translation with community, government, industry and non-government organisations.

Veronica Clarke, Veronica Clarke is Community Development Officer – Seniors (City of Melville) with a BApp Sci Library & Info. Veronica has over 25 years experience in the community and cultural development sector in local government including City of Mandurah, Town of Port Hedland and currently at the City of Melville. Veronica is passionate about contributing to the improvement of the quality of life for those people who are disadvantaged in our community. She operates at both a strategic as well as at a grass roots level. In her current role at Melville she has been part of a leading team initiating and implementing age-friendly and dementia-friendly projects such as the very first Memory Café collaboration in WA.

Helen Morton, The Hon. Helen Morton is working with the Pingelly Somerset Alliance Inc to ensure that older people can stay at home and live well in a small, isolated rural community until the end of their life — no matter what level of support they may need. The Pingelly Project includes a virtual village and a community-wide capability — the new workforce. Helen was an occupational therapist, senior health executive, Member of Parliament and cabinet minister in WA before moving to live near Pingelly in 2017.

Angela Ryder, Angela Ryder is a Noongar woman of the south west of WA, a co-founder and committee member of Langford Aboriginal Association (LAA) and Senior Manager Aboriginal Services at Relationships Australia WA (RAWA). In her role at RAWA, Angela established initiatives and programs in the area of Grief and Loss as well as delivers a National Empowerment Project (NEP) Cultural, Social and Emotional Wellbeing program for Aboriginal community. She brokered a partnership with the Women's Law Centre to establish Djinda Services, a legal service which assists Aboriginal women affected by family violence and sexual assault. Angela's contributions to her community were recognised in 2013 at the Perth NAIDOC Awards Ceremony when she was named Community Person of the Year and in October 2017, when she was awarded the John Curtin Medal for her long standing leadership in the community. Angela is a member of the Stolen Generations and is a former board member of the Bringing Them Home committee.

PANEL 3: UWA LIVING LAB SPARK WORKSHOP

Chair: Loretta Baldassar, Loretta Baldassar is professor in Anthropology and Sociology at UWA. She has published extensively on migration and migrant communities. Loretta is currently working on three interconnected research projects: Ageing and New Media (an ARC Discovery Project); Youth Mobilities (an ARC Discovery Project); and Student Internationalisation. These projects examine the impact of mobility on family and support networks, with a special focus on the role of new technologies in staying connected. Loretta is Director of the newly established UWA Social Care and Social Ageing Living Lab, a co-founder of the Migration, Mobilities and Belonging research cluster at UWA, Vice President of the International Sociological Association Migration Research Committee and a regional editor for the journal Global Networks. Loretta collaborates on projects, consultancies and evaluations with local government, service providers and community groups. Her research team helps to combat social isolation and improve digital literacy for older adults, particularly people from culturally and linguistically diverse backgrounds.

Lukasz Krzyzowski, Lukasz Krzyzowski is the Manager of the UWA Social Care and Social Ageing Living Lab and Founder and CEO of Spark. He is a certified project evaluator, Design Thinking facilitator, user-centered service and product designer with aged care, and community engagement expertise. Lukasz previously worked on European Commission funded projects including 'ICT for Ageing Well', and recently on 'Smartcare: social technology, aged care, and transnational connections'.

SPARK Workshop: As an evidence-based, applied social scientist, Krzyzowski is passionate about co-designing person-centered, relationship-focused initiatives and community activation strategies that enhance the meaningful engagement of older adults and people with disability; reducing social isolation, promoting empathy. During this workshop, we will get to know more about the potential of the Spark app to support social care. The Spark app creates social connections through people helping each other to maximise older adults' independence at home, increase their digital literacy, promote intergenerational support and reduce social isolation in the community. While in many cases end-users' perspective is included in the process of technology development, this workshop provides a case study for a relation-centered approach combined with the Living Lab model.