



THE UNIVERSITY OF
**WESTERN
AUSTRALIA**



Adult Group - Blood-Injection-Injury Phobia (BIIP)

Do you experience significant fear and avoidance triggered by blood, an injury, receiving an injection or other invasive medical procedures?

Does this interfere with your life?

You may be experiencing Blood-Injection-Injury Phobia (BIIP).

Blood-Injection-Injury Phobia (BIIP) is a fear triggered by blood, an injury, or receiving an injection or medical procedure.

Our BIIP program is a low-cost adult group therapy that could be helpful for you.

In this group you'll learn to challenge your fears in a safe, supportive, and confidential environment. You'll learn evidence-based coping strategies for anxiety and prevent fainting and feelings of disgust.

The program consists of **eight weekly, 2-hour sessions**.

Date: Every Friday for eight weeks from Friday 24th of July 2026*

Time: 2pm - 4pm

Cost: \$20 per session

**You are required to attend a free initial appointment to check that the program is right for you.*

Scan the QR code to complete our expression of interest form.



Scan for more information

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